**Fee-help**

Students who are Australian Citizens, or hold a permanent humanitarian visa may pay their tuition fees by FEE-HELP. Please note no loan fees apply for using FEE-HELP in postgraduate courses. See the FEE-HELP information section on our website.

**You may enrol as:**

- Postgraduate student
  Towards a Graduate Certificate or Graduate Diploma

- Audit student
  No exams or assessment or credit

**Enquiries:**

**Archbishop’s Office for Evangelisation**

Phone: (03) 9926 5761
Email: evangelisation@cam.org.au

**Enrolments:**

**Rev. Dr Kevin Lenehan**
Associate Dean (Postgraduate and Research)

Phone: (03) 9412 3333
Fax: (03) 9412 3393
Email: postgrad@ctc.edu.au

Or visit the CTC website: www.ctc.edu.au

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**Graduate Certificate in Guiding Meditation**

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Catholic Theological College
278 Victoria Parade East Melbourne Victoria 3002
CRICOS: 01037A
**About the Lecturer:**

**Rev. Dr John Dupuche**  
BA(Hons) (Melb) MA (Melb) BD(Hons) (MCD)  
GradDipHum (LaTrobe) PhD (LaTrobe).

Rev. Dr John Dupuche is a member of the Department of Pastoral and General Studies. He lectures in the Graduate Certificate in Guiding Meditation and is the co-ordinator of School of Prayer with the Archbishop’s Office for Evangelisation. His current interests are Renewing Christian Anthropology in terms of Kashmir Saivism.

**Mr Christopher Morris**  
MA (MCD) GradDipSpirDir(MCD)  
GradDipEdu (UniSouthAust) BacBus (UniSouthAust).

Mr Christopher Morris is a lecturer in the Graduate Certificate in Guiding Meditation and is a member of the Department of Pastoral and General Studies. Christopher’s main academic interests are, Catholic Identity in Catholic Schools and other institutions and Christian wisdom tradition.

**Rev. Gregory Bourke**  
BTheol (MCD) MMIn (MCD).

Rev. Gregory Bourke is a member of the Department of Pastoral and General Studies. He is the Director of the Ministry to Priests, Melbourne Archdiocese. His current academic interests is Christian Anthropology.

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**Graduate Certificate in Guiding Meditation**

The GradCertMedit comprises three 15-point units:

- DS8600C Meditation in the Christian Tradition
- DS9610C Applied Meditation
- DS9620C Meditation and Wholeness

All units are taught in weekend mode and are offered on a two-year cycle.

This award is being offered as a collaboration between Catholic Theological College and the Archbishop’s Office for Evangelisation.

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**Meditation in the Christian Tradition  
DS8600C  
2016**

This unit will study meditative techniques, ancient and modern, such as mantras and stillness, music and iconography. Students will acquire new levels of spiritual understanding. They will enter into a dialogue with the great teachers of the Christian mystical tradition such as John Cassian and John of the Cross. They will explore in-depth at least one of these great teachers. Students will explore classical forms of meditation as well as contemporary approaches such as Christian Meditation and Centering Prayer. Students will gain a rich and comprehensive understanding of approaches to prayer, both public liturgy and private prayer.

**Applied Meditation  
DS9610C  
2016**

This unit introduces meditation techniques appropriate for various age groups. Students explore various approaches including: mantra, scripture, symbols, mandala, visualization and spiritual journaling with an emphasis on Christian meditation. The focus will be on silent meditation and establishing places of silence in the contemporary technological context. Students will engage in professional experience in leading a meditation group at such locations as schools, hospitals, youth groups, parish groups.

**Meditation and Wholeness  
DS9620C  
2015**

This unit investigates the power of words to both heal and injure in the contexts of body, mind and spirit. Students examine forms of meditation which focus on the power of Biblical words to enlighten and transform. This unit illuminates the role of Christian rituals concerned with the healing of soul and body. It examines those meditation techniques which are used to enhance wellbeing and healing for such persons as the frail and the mentally and terminally ill. This study places Christian meditation in the wider context of other meditative traditions illustrated by way of a field work exercise.