



Graduate Certificate in Guiding Meditation



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The Graduate Certificate in Guiding Meditation is designed for those seeking to learn the methods and skills of teaching meditation and meditative prayer in a variety of situations, including primary and secondary schools, parishes, hospitals and other settings. The course includes the history and practice of meditation and *lectio divina* and provides an opportunity for students to reflect on their own spiritual gifts.

Face-to-face learning over six Saturdays, 10.00am–4.30pm

DS9620C Meditation and Wholeness

Students examine meditation approaches to enhance wellbeing and healing.

2019: 2, 9, 16 March; 27 April; 4, 11 May

DS8600C Meditation in the Christian Tradition

Students will be introduced to the richness of the Christian meditative tradition.

2020: dates to be announced

DS9610C Applied Meditation

Students engage in professional experience in leading meditation groups in locations such as schools, hospitals, youth and parish groups.

2020: dates to be announced

The Graduate Certificate in Guiding Meditation is accredited by the Meditation Association of Australia.

Entry requirements

Successful completion of an undergraduate degree, or an approved equivalent

Normal duration

3 semesters (part-time)

Fees

\$2,448 per 24-point unit (FEE-HELP available)

Presenters

Rev. Associate Professor John Dupuche
Mr Christopher Morris



Contact the Academic Records Office for enrolment information and appointments.
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CRICOS: 01037A